

## Checklist for going to the seashore

🌀 Answer the questions below:

Q1: What aquatics will you do in summer?

Q2: What equipments do you need to prepare for the aquatics?

Aquatics 水域活動	Equipment 用具 (Check 打勾)
Swimming 游泳	<input type="checkbox"/> Swimsuit 泳裝
	<input type="checkbox"/> BIKINI 比基尼
	<input type="checkbox"/> Swimming trunks 泳褲
	<input type="checkbox"/> Goggles 泳鏡
	<input type="checkbox"/> Swimming cap 泳帽
	<input type="checkbox"/> Kickboard 浮板
	<input type="checkbox"/> Pull buoy 浮板
	<input type="checkbox"/> Swim ring 游泳圈
Submerged swimming 浮潛	<input type="checkbox"/> Diving suit 潛水衣
	<input type="checkbox"/> Diving mask 潛水鏡
	<input type="checkbox"/> Breathing pipe 呼吸管
	<input type="checkbox"/> Fins 蛙鞋
Diving 潛水	<input type="checkbox"/> Diving suit 潛水衣
	<input type="checkbox"/> Diving mask 潛水鏡
	<input type="checkbox"/> Scuba 潛水器
	<input type="checkbox"/> Fins 蛙鞋
Surfboarding 衝浪	<input type="checkbox"/> Swimsuit 泳裝
	<input type="checkbox"/> Swimming trunks 泳褲
	<input type="checkbox"/> Diving suit 潛水衣
	<input type="checkbox"/> Surfboard 衝浪板
Windsurfing with the surfboard 風浪板衝浪	<input type="checkbox"/> Swimsuit 泳裝
	<input type="checkbox"/> Swimming trunks 泳褲
	<input type="checkbox"/> Diving suit 潛水衣
	<input type="checkbox"/> Windsurfing board 風浪板用板
Others 其他	<input type="checkbox"/> Sunscreen (at least SPF 15) 防曬油 (至少防曬係數 15)
	<input type="checkbox"/> Towel 毛巾
	<input type="checkbox"/> Sunglasses 太陽眼鏡
	<input type="checkbox"/> Gypsy hat 寬邊帽
	<input type="checkbox"/> Umbrella/ Parasol 雨傘/陽傘 (女用)
	<input type="checkbox"/> Sunshade 遮陽傘 (篷)
	<input type="checkbox"/> Jacket 外套
	<input type="checkbox"/> Small bucket 小提桶
	<input type="checkbox"/> Shovel 鏟子
	<input type="checkbox"/> Beach ball 海灘球
	<input type="checkbox"/> Life jacket 救生衣
	<input type="checkbox"/> Rubber dinghy 橡皮艇
	<input type="checkbox"/> First-aid kit 急救藥箱
	<input type="checkbox"/> Camera 相機

